

2023 Pharmacy Benefits and Adherence Guide for SCAN Members

It's important to us that it's *always* easy for SCAN members to access their prescription medications.

Please encourage SCAN members to take advantage of these convenient, cost-saving opportunities.

Preferred	Standard
CVS Express Scripts® Pharmacy Rite Aid Walmart / Sam's Club Costco Safeway / Albertsons SortPak Many independent pharmacies	Walgreens Medicine Shoppe PillPack Select independent pharmacies

Preferred Pharmacies = Lower Copays

While SCAN members can fill their prescriptions at any of the pharmacies in our network, they will generally pay less at a Preferred pharmacy. Most SCAN members pay \$0 for Tier 1 and Tier 2 drugs (up to a 100-day supply) at SCAN Preferred pharmacies and through mail-order from Express Scripts Pharmacy.

Make It Mail-Order

The easy way to fill maintenance medications. Members can make fewer trips to the pharmacy by having up to a 3-month supply (up to 100 days) delivered to their homes. And the standard shipping is free!

The Preferred pharmacy pricing is available through mail-order from Express Scripts Pharmacy. To get started, members should contact an Express Scripts Personal Enrollment Specialist at **1-877-842-9792 (TTY: 711)** once their membership with SCAN begins.

3-Month Supply = Savings

Most SCAN plans offer discounts on a 3-month supply (up to 100 days) of ongoing medications at nearly all pharmacies. And fewer refills means fewer trips to the pharmacy. Cost saving and convenience are just two ways SCAN encourages medication adherence.

Common Chronic Condition Medications (Adherence Medications on the SCAN Formulary)

	Tier 1 (Preferred Generic)	Tier 2 (Generic)	Tier 3 (Preferred Brand)
High Cholesterol	atorvastatin, lovastatin, pravastatin, rosuvastatin, simvastatin	atorvastatin & amlodipine†	ezetimibe-simvastatin
Diabetes	glimepiride, glipizide, glipizide & metformin, glipizide ER, metformin, metformin ER, pioglitazone	glimepiride & pioglitazone, nateglinide, pioglitazone & metformin, repaglinide	Bydureon BCise®, Byetta®, Farxiga®, Glyxambi®, Janumet®, Janumet® XR, Januvia®, Jardiance®, Jentadueto®, Jentadueto® XR, Ozempic®, Rybelsus®, Synjardy®, Synjardy® XR, Mounjaro®, Tradjenta®, Trijardy® XR, Trulicity®, Victoza®, Xigduo® XR
High Blood Pressure	amlodipine & benazepril, benazepril*, captopril, enalapril*, fosinopril*, irbesartan*, lisinopril*, losartan*, moexipril, perindopril, quinapril*, ramipril, trandolapril, valsartan*, valsartan and amlodipine	candesartan, olmesartan*, olmesartan & amlodipine*	aliskiren

† = can be used to treat both high cholesterol and high blood pressure

* Drugs that are also available in combination with HCTZ



2023 Pharmacy Benefits and Adherence Guide (cont.)

If members tell you that paying for medications is difficult, encourage them to:	
Make It mail-order.	Most SCAN members who get their medications through mail-order from Express Scripts Pharmacy will pay \$0 for Tier 1 and Tier 2 drugs. Many other medications get Preferred pharmacy pricing and the shipping is free. It's easy to start home delivery; members can call their Express Scripts Pharmacy Personal Enrollment Specialist at 1-877-842-9792 (TTY: 711).
Use a Preferred pharmacy.	Most SCAN members who get their medications at a Preferred pharmacy will pay \$0 for Tier 1 and Tier 2 drugs. Many other drugs get Preferred pharmacy pricing. To find a Preferred pharmacy, visit www.scanhealthplan.com/pharmacy (be sure to click the box "Preferred pharmacies") or call SCAN Member Services.
Switch to a 3-month supply (up to 100 days).	Most SCAN plans offer discounts on a 3-month supply at nearly all pharmacies. Encourage members to talk to their pharmacist or doctor to switch their maintenance medications to a 3-month supply.
Choose a lower-cost alternative.	Encourage members to talk to their doctor about switching to a lower-cost therapeutic alternative. It may not have the same ingredients, but it can have the same effect. For more information, visit SCAN's Formulary at www.scanhealthplan.com/findadrug .
Get Extra Help.	SCAN members may qualify for Medicare's Extra Help to pay for prescription drug costs. If eligible, Extra Help could pay nearly 100 percent of member drug costs, including monthly prescription premiums, annual deductibles and coinsurance. To see if they're eligible for Extra Help, call My Advocate™ at 1-866-866-1785.
If members tell you their medications have unpleasant side effects, encourage them to:	
Talk to their doctor.	Sometimes taking the medication in a certain way—for example, with food—can alleviate the side effects. There also may be other medications that will work just as well but with fewer or no side effects. Encourage members to talk to their doctor or pharmacist.
If members tell you they don't think they need to take their medications anymore, encourage them to:	
Talk to their doctor.	When a medication is working, they may notice their symptoms might go away or they may not feel any differently—but that doesn't mean they should stop taking their prescription. Tell them to continue taking the medication as prescribed and to talk to their doctor about their concerns.
If members tell you they forget to take their medications sometimes, encourage them to:	
Create a routine.	Try taking medications at the same time and same place every day. For instance, if they take a medication first thing in the morning, set it out next to their toothbrush the night before.
Use a pill box.	Pill boxes are a handy way to organize medications by day or week. Also, encourage members to consider making a medication checklist so they'll never be uncertain if it's time to take their prescription.
Sign up for auto-refill.	Many pharmacies, including Express Scripts Pharmacy, have auto-refill programs for the medications members take every day. Encourage members to sign up.
Set reminders.	Set an alarm clock or watch to alert them to take a medication. If they have a smartphone, they can set a timer or use a reminder app. They can also leave reminders, like a note on the bathroom mirror or the refrigerator.
Synchronize their prescriptions.	Many pharmacies can schedule their prescription refills so that they're ready for pick up at the same time. Encourage members to talk to their pharmacist about synchronizing their medications.
If members tell you they're not sure how to take their medications, encourage them to:	
Talk to their doctor or pharmacist.	Make sure members review medications with their doctor or pharmacist; he or she can explain anything about the medication they don't understand.
If members tell you they have trouble getting to the pharmacy, encourage them to:	
Switch to a 3-month supply (up to 100 days).	Having a 3-month supply on hand means fewer trips to the pharmacy.
Use home delivery.	Getting medications through mail-order from Express Scripts Pharmacy means making fewer trips to the pharmacy. To get them started, tell them to call their Express Scripts Pharmacy Personal Enrollment Specialist at 1-877-842-9792 (TTY: 711).
Synchronize their prescriptions.	Many pharmacies can schedule prescription refills so that they're ready to pick up at the same time. Encourage members to talk to their pharmacist about synchronizing their medications.
Use their transportation benefit.	Some SCAN plans offer a transportation benefit that can help members get to and from the pharmacy. They should check their Evidence of Coverage or call SCAN Member Services to see if they qualify.