

# SCAN Age in Place Survey QuickRead Report January 2019

### **METHODOLOGY**

An online survey of 1,000 nationally representative U.S. seniors, ages 65+

### **SCREENER QUESTION**

A. Which of the following chronic conditions, if any, do you currently suffer from? Meaning, conditions that you have been diagnosed with.

Response	%
Hypertension / High Blood Pressure	49%*
High Cholesterol	38%
Arthritis	34%
Diabetes	17%
Osteoporosis	11%
COPD	10%
Chronic Eye Condition, such as Glaucoma or Cataracts	8%
Heart Disease	8%
Obesity	8%
Asthma	6%
Cancer	6%
Chronic Mental Illness, such as Depression or Anxiety	4%
Chronic Kidney Disease	3%
Stroke	2%
Chronic Migraines	2%
Multiple Sclerosis	1%
Thyroid	1%
Epilepsy	1%
Parkinson's	1%
Alzheimer's or Dementia	0%
Gout	0%
BPH	0%
GERD	0%
HIV/AIDS	0%
ALS (Lou Gehrig's Disease)	0%
Cystic Fibrosis	-
Other	2%

<sup>\*</sup> All decimals are rounded to the nearest percentage point. This may result in certain numerical totals adding up to slightly more or slightly less than 100%.



# (Question A continued)

Response	%
I do not currently suffer from a chronic condition	16%
QuickFacts <sup>±</sup>	
1 chronic condition (net)	25%
2 chronic conditions (net)	20%
3+ chronic conditions (net)	40%

# **CONTENT QUESTIONS**

1. Which of the following aspects do you believe would be most important in order to be able to age in place?

(Top Ranked Response)

Response	%
Financial resources	42%
Friends or family nearby	32%
Transportation assistance, such as for groceries or out-of-home errands	10%
In-home caregiver	8%
Physical upgrades or renovations to a home	7%

(Top 3 Ranked Responses)

Response	%
Financial resource	80%
Friends or family nearby	79%
Transportation assistance, such as for groceries or out-of-home errands	66%
Physical upgrades or renovations to a home	45%
In-home caregiver	31%

<sup>&</sup>lt;sup>±</sup> Data under "QuickFacts" were derived from the responses, not included as response options that were read during fielding. We include QuickFacts in instances where we feel they will be helpful.



2. How strongly do you agree or disagree with the following statement – most people I know my age or older likely won't be able to age in place safely in their current homes. For example, because they don't have the means or know what is needed to do so.

Response	%
Agree strongly	14%
Agree somewhat	48%
Disagree somewhat	33%
Disagree strongly	5%
QuickFacts	
Agree (net)	62%
Disagree (net)	38%

3. Which of the following has been more of a challenge for people you know to age in place?

Response	%
Their physical health, such as due to injury or loss of mobility	67%
Their brain health, such as due to memory loss or Alzheimer's	34%

4. Which of the following, if any, have happened to friends or people you know who are near your age or older?

Response	%
Severe decrease in physical abilities, such as in their mobility	61%
Inability to drive, such as due to loss of vision or coordination	45%
Accidents resulting in injuries, such as from a fall	45%
Changes in brain health, such as development of dementia	39%
Severe financial strain, such as depleting their savings account	37%
Uncertainty about who will take care of me	25%
Isolation, such as not having a community of friends to easily spend time with	25%
Eating too little, such as from not being able to get to a grocery store and keep food stocked	16%
Other	0%
None of these	13%
QuickFacts	_
Any (net)	87%



5. Which of the following, if any, are you most concerned about in regards to your ability to age in place?

Response	%
Severe decrease in physical abilities, such as in my mobility	61%
Accidents resulting in injuries, such as from a fall	43%
Inability to drive, such as due to loss of vision or coordination	40%
Severe financial strain, such as depleting my savings account	39%
Changes in brain health, such as development of dementia	38%
Uncertainty about who will take care of me	22%
Isolation, such as not having a community of friends to easily spend time with	15%
Eating too little, such as from not being able to get to a grocery store and keep food stocked	5%
Other	0%
I have no concerns about my ability to age in place	12%
QuickFacts	
Any (net)	88%

(Among those who have concerns about their ability to age in place)

Response	%
Severe decrease in physical abilities, such as in	70%
my mobility	
Accidents resulting in injuries, such as from a fall	49%
Inability to drive, such as due to loss of vision	46%
or coordination	40%
Severe financial strain, such as depleting my	44%
savings account	44 70
Changes in brain health, such as development	43%
of dementia	43%
Uncertainty about who will take care of me	25%
Isolation, such as not having a community of friends to	17%
easily spend time with	1770
Eating too little, such as from not being able to get to a	5%
grocery store and keep food stocked	5%
Other	0%



6. Compared to five years ago, how significantly, if at all, has your overall physical health improved or declined? For example, your general mobility or ability to move without assistance.

Response	%
Improved significantly	2%
Improved somewhat	10%
Stayed exactly the same	41%
Declined somewhat	41%
Declined significantly	6%
QuickFacts	
Improved (net)	12%
Declined (net)	47%
Health has changed (net)	59%

7. Which of the following, if any, describes how your overall mental or emotional health has changed in the past 12 months?

Response	%
I'm less interested in socializing or being out in public	23%
I'm less excited by hobbies or personal interests	14%
I'm more anxious	12%
I'm less happy	11%
None of these	55%
QuickFacts	
Any (net)	46%

8. Approximately how many new regular medications, if any, have you started in the past 2 years specifically for your chronic condition(s)? Meaning, medications you take regularly and are still taking.

(Asked among those who currently suffer from a chronic condition)

Response	%
1 new regular medication	18%
2 or more new regular medications	43%
I have no new regular medications	38%
QuickFacts	
Has new regular medications (net)	62%
Average new medications	3



9. Which of the following, if any, do you currently have in your home?

Response	%
Standard round doorknobs	62%
Showers or baths without support railings	54%
Pets, such as dogs or cats	44%
Everyday items such as coffee mugs or dishes on high shelves	39%
Slick flooring, such as tile	28%
Loose carpeting, such as throw rugs	25%
Steep staircases, such as to the front door or to your bedroom	19%
Dim lighting	9%
Narrow hallways	9%
None of these	8%
QuickFacts	
Any (net)	92%

10. Approximately how much money, if any, do you currently have in savings? Meaning, money in savings that is also inclusive of investments or retirement plans.

Response	%
Less than \$10,000	60%
\$10,000 or more	40%
QuickFacts	
Has money in savings (net)	72%



#### **Methodological Notes**:

The SCAN Age in Place Survey was conducted by Wakefield Research (<a href="www.wakefieldresearch.com">www.wakefieldresearch.com</a>) among 1,000 nationally representative U.S. seniors, ages 65+, between January 22<sup>nd</sup> and January 30<sup>th</sup>, 2019, using an email invitation and an online survey. Quotas have been set to ensure reliable and accurate representation of the U.S. adult senior population ages 65 and older.

Results of any sample are subject to sampling variation. The magnitude of the variation is measurable and is affected by the number of interviews and the level of the percentages expressing the results. For the interviews conducted in this particular study, the chances are 95 in 100 that a survey result does not vary, plus or minus, by more than 3.1 percentage points from the result that would be obtained if interviews had been conducted with all persons in the universe represented by the sample.