## **Health Risk Assessment (HRA) Form**

Please email completed form with Subject: "Broker HRA" to BrokerHRA@scanhealthplan.com

Broker Information								
Agent Name:		Agent NPN:						
Agent Email:		Agent Phone:						
<ul> <li>A Health Risk Assessment is a short survey that help functional status, cognitive concerns, and mental he</li> <li>Additional assessments may be completed.</li> <li>Information collected from the Health Risk Assessmenth the member and member's primary care doctor.</li> <li>By submitting this form to SCAN, I attest that I performance abided by all the terms and conditions of my contract with SCAN.</li> </ul>	ealth.  ent is used to deve  ormed the HRA, th	elop an Individuali. hat it accurately ca	zed Care Plan (	(ICP), which is sha	ared with that I			
☐ I understand and agree to the above information regarding Health Risk Assessments.								
Today's Date: Agent Sig	Agent Signature:							
Member Information								
Member Name:			Date of Birth					
Medicare ID # (MBI):	Plan Enrolled	ed:		Plan State:				
SCAN Health Survey								
The questionnaire is completely optional; your SCAN benefits will not be affected in anyway if you complete and return the questionnaire or choose not to. SCAN will only share the information with your medical group.								
Demographic Questions:	2	3. What is your sexual orientation? (Who you are attracted to)						
1. What is your preferred language? ☐ English ☐ Spanish ☐ Other ☐ Prefer not to answer		Lesbian, gay, or homosexual ☐ Straight or heterosexual ☐ Bisexual ☐ Other ☐ Decline  4. What is your current gender identity? (How you see yourself) ☐ Male ☐ Female ☐ Transgender Male ☐ Transgender Female ☐ Not Listed ☐ Decline						
2. What ethnicity do you identify as?  ☐ Caucasion/White ☐ Hispanic/Latino ☐ African American/Black ☐ Asian ☐ American Indian/Alaska Native ☐ Mixed Race ☐ Native Hawaiian/Pacific Islander ☐ Other ☐ Decline								
Household Questions:	·							
5. What best describes your current living arrangements?  ☐ Live Alone ☐ Live with other family ☐ Live with others, not family ☐ Live with significant other ☐ Live with child ☐ Decline  6. Are you worried about losing your housing? ☐ I have stable housing ☐ I do not have housing ☐ I have unstable housing ☐ Decline ☐ have concerns about the stability of my housing		7. Do you sometimes run out of money to pay for food, rent, bills, and medicine?  Yes, but I can manage Yes, I have difficulty Decline  8. Has lack of transportation kept you from medical appointments, meetings, work, or from getting things needed for daily living?  Yes No						



Health Questions:						
9. Compared to other people your age, would you say your health is:  ☐ Excellent ☐ Very Good ☐ Good ☐ Fair ☐ Poor	20. Have you had any changes in thinking, remembering, or making decisions?  ☐ Yes ☐ No					
10. How many days a week do you exercise at least 30 minutes?  ☐ None ☐ One or Two ☐ Three or four ☐ Five or more	22. Over the last two weeks, how often have you been bothered by any of the following problems:					
11. During the past 4 weeks, how much did pain interfere with your normal activities or work?  □ Extremely □ Quite a bit □ Moderately □ Not at all □ A little bit		Not at all	Sever	More than half		
12. Rate the level of your pain on a 1–10 scale, with "1" meaning "no pain" and "10" meaning "extreme pain."	a. Little interest or pleasure in doing things?					
Enter Number:	b. Feeling down, depressed, or hopeless?					
13. Where is your pain (list body parts)?	22. Do you need help with any of these actions/activities?					
13. Where is your pain (list body parts):		Unable to this activ		,	No, I do this myself	
14. How are you managing your pain (select all that apply)?  ☐ Prescription ☐ Over the Counter Medication ☐ Exercise ☐ Physical Therapy ☐ Alternative Therapy ☐ Rest ☐ No Treatment ☐ Other	<ul><li>a. Walking:</li><li>b. Taking a bath or shower:</li><li>c. Using the toilet:</li><li>d. Eating (able to feed yourself)</li><li>e. Dressing</li></ul>					
15. How many times have you fallen to the ground in the last  ☐ None ☐ One or Two ☐ Three or more	23. Advance healthcare directives are written instructions describing the healthcare you'd like to receive if you're not able to speak for yourself. Do you have written instructions					
16. In the past year how many times have you gone into an emergency room?  ☐ None ☐ One or Two ☐ Three or more						
17. Do you need help taking medications? ☐ Yes ☐ No	24. Are you afraid of anyone or is anyone hurting you?  □ No □ Yes* - Please explain					
18. Is there anything that prevents you from taking medications as prescribed (select all that apply)?						
☐ Scheduling ☐ I dont believe in medications ☐ Side Effects ☐ Difficulty filling prescriptions	* Note to Broker: If yes, follow established protocol for reporting and escalation.					
☐ Transportation/Access ☐ Forgetfulness ☐ Not sure how to take ☐ No system for managing ☐ Cost ☐ Other ☐ Visual Problems ☐ Nothing	25. What is the best phone number to reach you at?					
19. Have you seen your primary care doctor in the last year?  ☐ Yes ☐ No	26. What is your email add	dress?			_	

