

# **Evidence-Based Practice (EBP)**

## SCAN encourages group's programs and services be based on EBPs

**Definition:** The goal of EBP is the integration of: (a) clinical expertise/expert opinion, (b) external scientific evidence, and (c) client/patient/caregiver perspectives to provide high-quality services reflecting the interests, values, needs, and choices of the individuals we serve. Conceptually, the trilateral principles forming the bases for EBP can be represented through a simple figure:



- American Speech-Language-Hearing Association (ASHA)

### **EBP Centers Program Overview**

#### **DHHS:**

Reports that may be used for informing and developing coverage decisions, quality measures, educational materials and tools, clinical practice guidelines, and research agendas.

### **Examples of Existing EBPs:**

- Chronic Disease Self-Management Education Choices, Better Health<sup>®</sup> Workshop
- Fall Prevention for Older Adults
- <u>Million Hearts</u> evidence-based protocols for Cholesterol, Tobacco cessation, and Hypertension EBPs