



Mind the Gap: Statin Prescribing Guidelines and Best Practices

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Overview

- ▶ Latest Clinical Guidelines and Star Rating Statin Measures
- ▶ Statin Measure Performance 2018
- ▶ How Can We Optimize Statin Prescribing?
- ▶ Best Practice Sharing:
 - Greater Newport Physicians EMR Alert
 - High Desert Medical Group Protocol

Statin Cholesterol Guidelines and Star Measures

According to the 2018 American College of Cardiology/American Heart Association guidelines, statins have been shown to improve health outcomes for these populations:

Statin Use in Persons with Diabetes (SUPD)

40-75 years

Primary Prevention

Moderate intensity statin recommended

Aim to reduce LDL by 30-50% depending on risk

Statin Therapy for Patients with Cardiovascular Disease (SPC)

Males 21 – 75
Females 40 – 75

Secondary Prevention

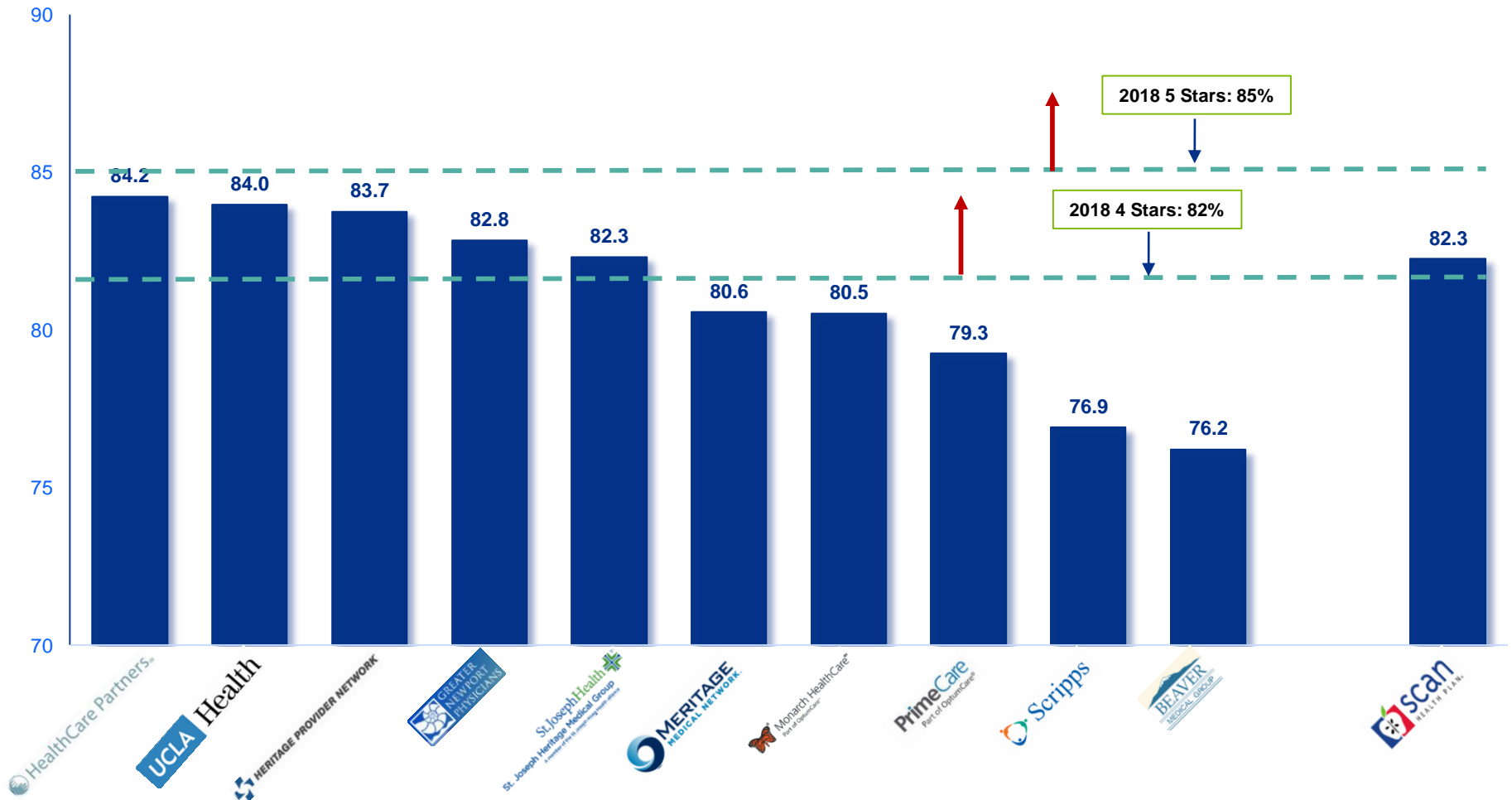
High intensity statin recommended

Aim to reduce LDL by 50% or more

Assess adherence and response to statin therapy by monitoring lipid levels

Statin Use in Persons with Diabetes (SUPD)

Composite: This rating is based on the percent of plan members with diabetes who take the most effective cholesterol lowering drugs.

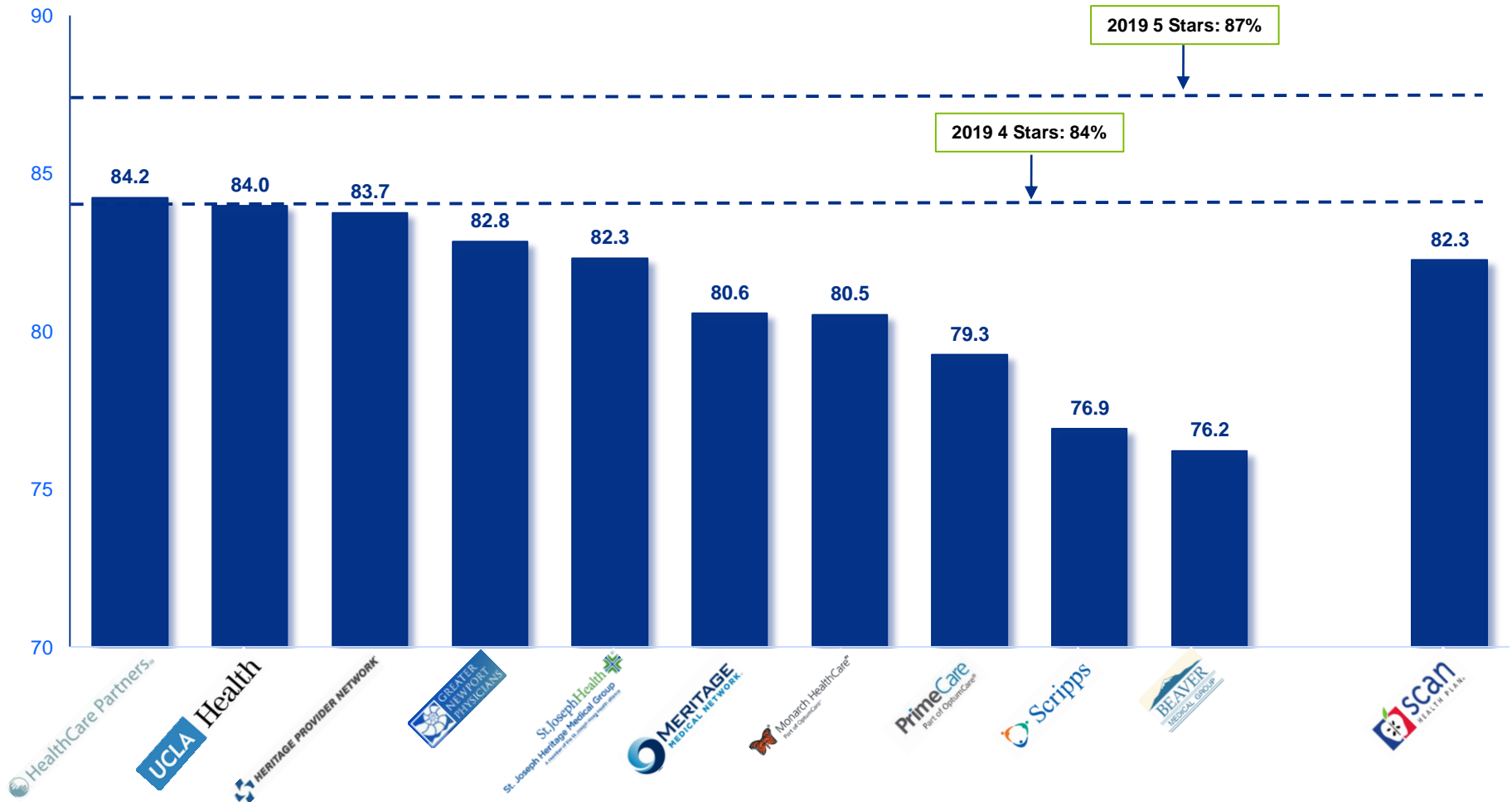


Data Source Description: The data for this measure come from Prescription Drug Event (PDE) data files submitted by drug plans to Medicare for dates of service from January 1, 2018-December 31, 2018, and processed by March 15, 2019

■ 2018 SCAN network performance

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Statin Therapy for Patients with Cardiovascular Disease (SPC)

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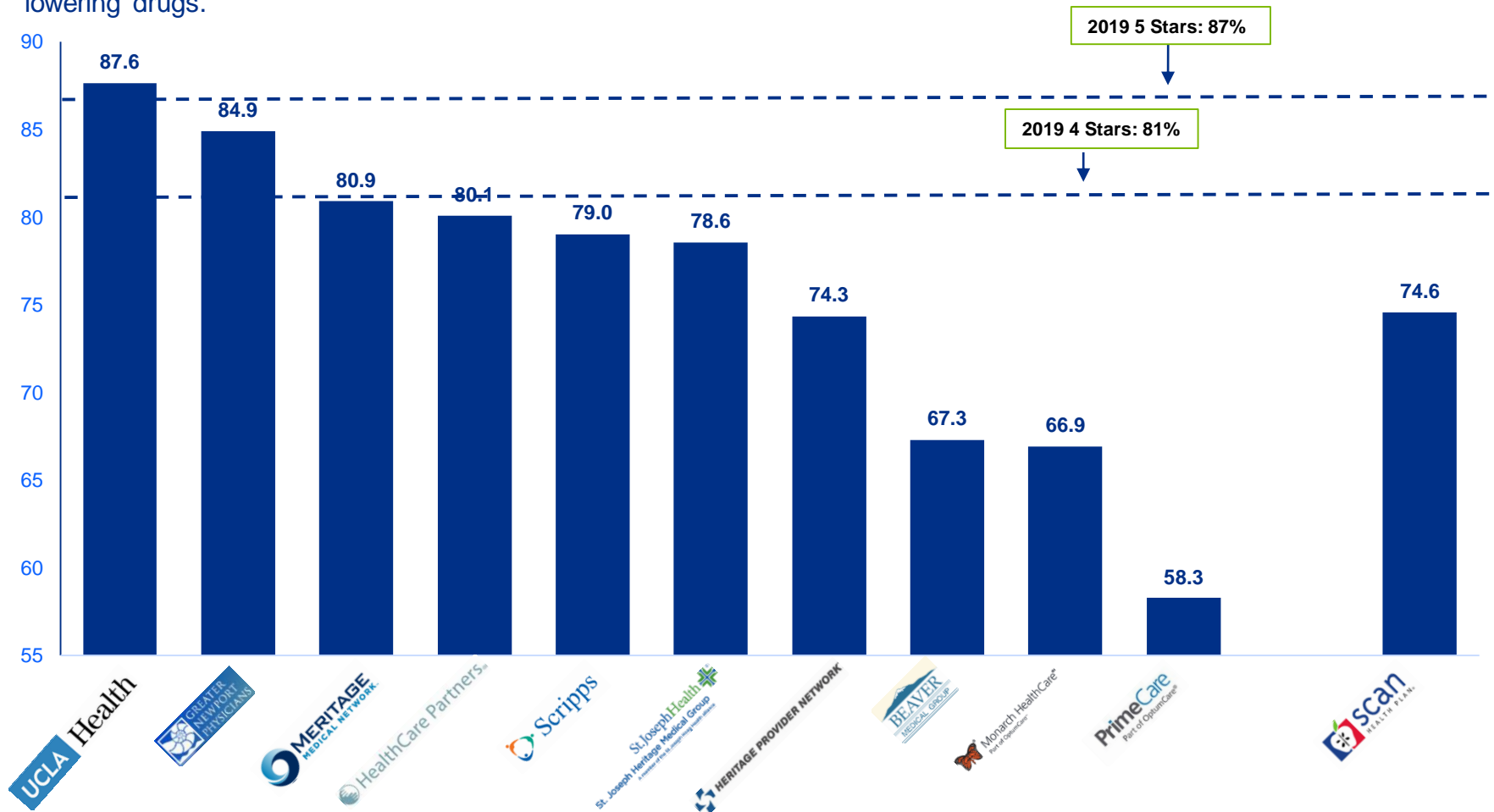


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Optimize Statin Prescribing

ACC/AHA Recommends

High-intensity or maximally tolerated statin for patients with clinical ASCVD

Moderate-intensity statin in patients with diabetes

Statin-Associated Side Effects

- Lower statin dose
- Alternative dosing strategy
- Try another statin

Patient Refuses

- Motivational interviewing (*training available with SCAN upon request*)
- Care Navigator to outreach

SCAN Actionable Data: SPC SUPD Weekly Report

Where: sFTP starting June 2019

Frequency: Weekly

Description: List of members who are part of your statin measures who have a gap

Opportunity: By member or provider

MemberID	Member First Name	Member Last Name	SUPD Measure	SPC Measure
12345678911	JOHNNY	APPLESEED	Not Completed	Not Applicable
31018852901	JACK	SPARROW	Not Completed	Not Completed
31018935001	DAVY	CROCKETT	Not Applicable	Not Completed
89012389400	WINNIE	POOH	Completed	Not Completed

SUPD_SPC PCP_Opportunity

PCP_Name	PCP_NPI	Member_Count	Measure Gap Count
SEUSS, THEODORE	1234567890	20	22
BROWN, CHARLIE	1234567891	15	15
QUINN, MICHAELA	1234567892	14	16

SUPD_SPC PCP_Opportunity

Best Practice: Greater Newport Physicians EMR Alert

Care Guidelines

Indication: Diabetes

Recommendation: Moderate Intensity Statin

Formulary Recommendation: Atorvastatin 20mg once daily



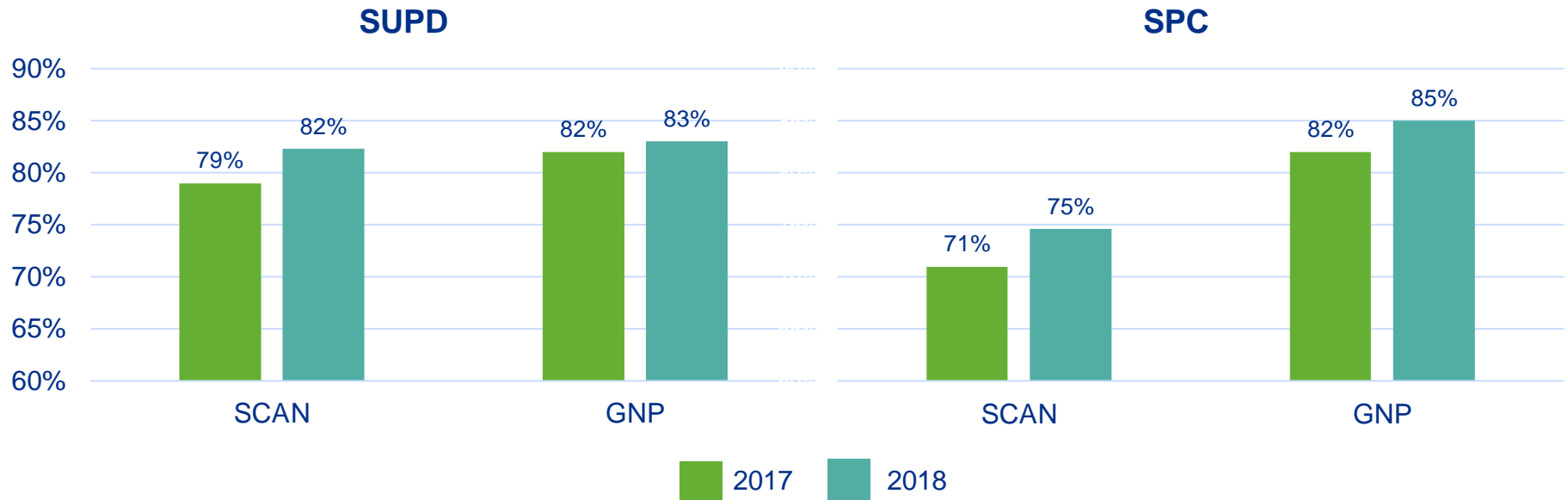
▶ Built-In EMR Alert

- NextGen is used by 65% of providers
- Statin alert is on by default, provider has the option to opt-out

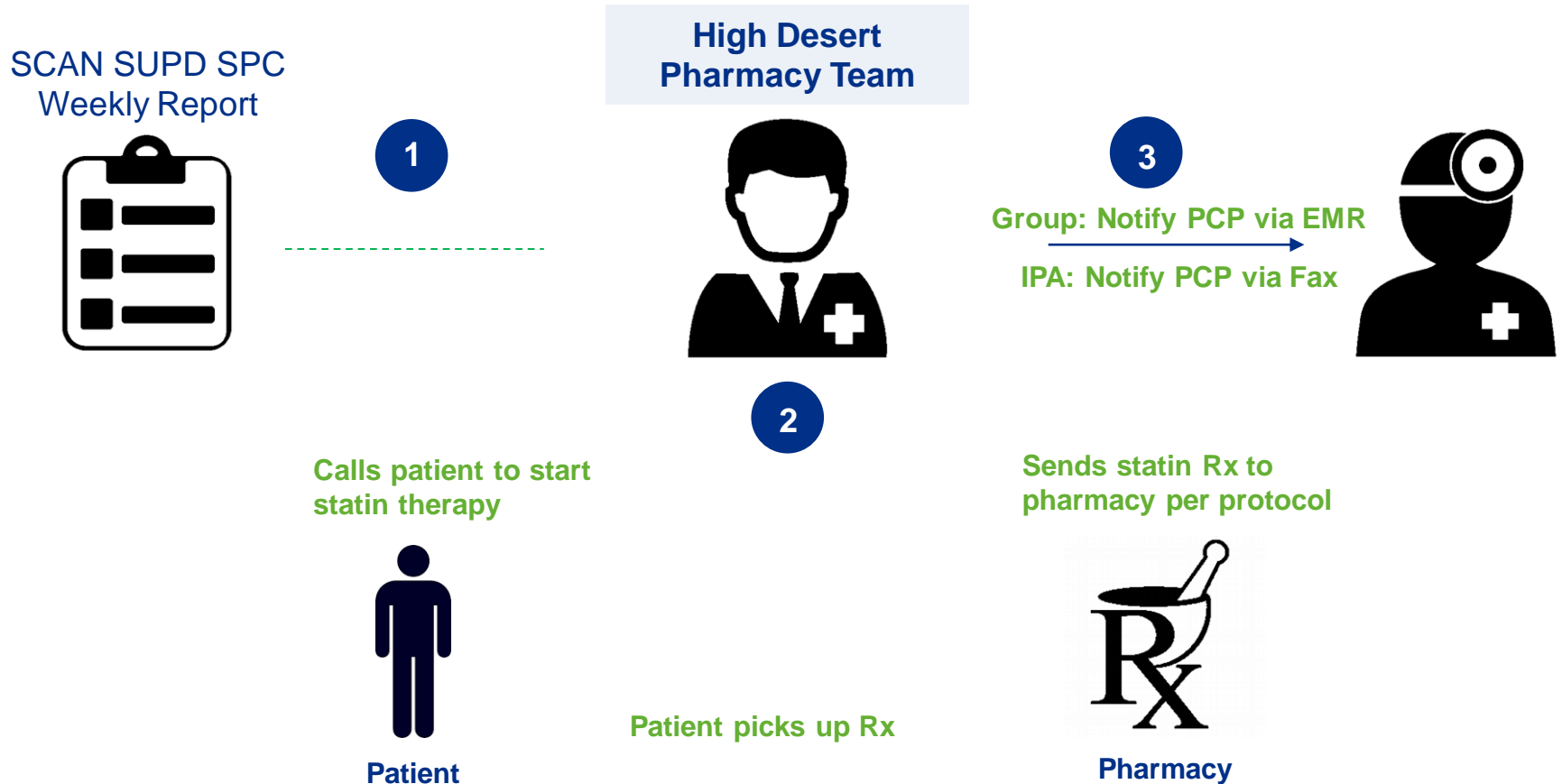
▶ Comprehensive approach by promoting a culture of excellence

- Engaged physician champions advocate for guideline directed prescribing
- Focused education to providers in multiple settings (newsletter, office meetings etc.)

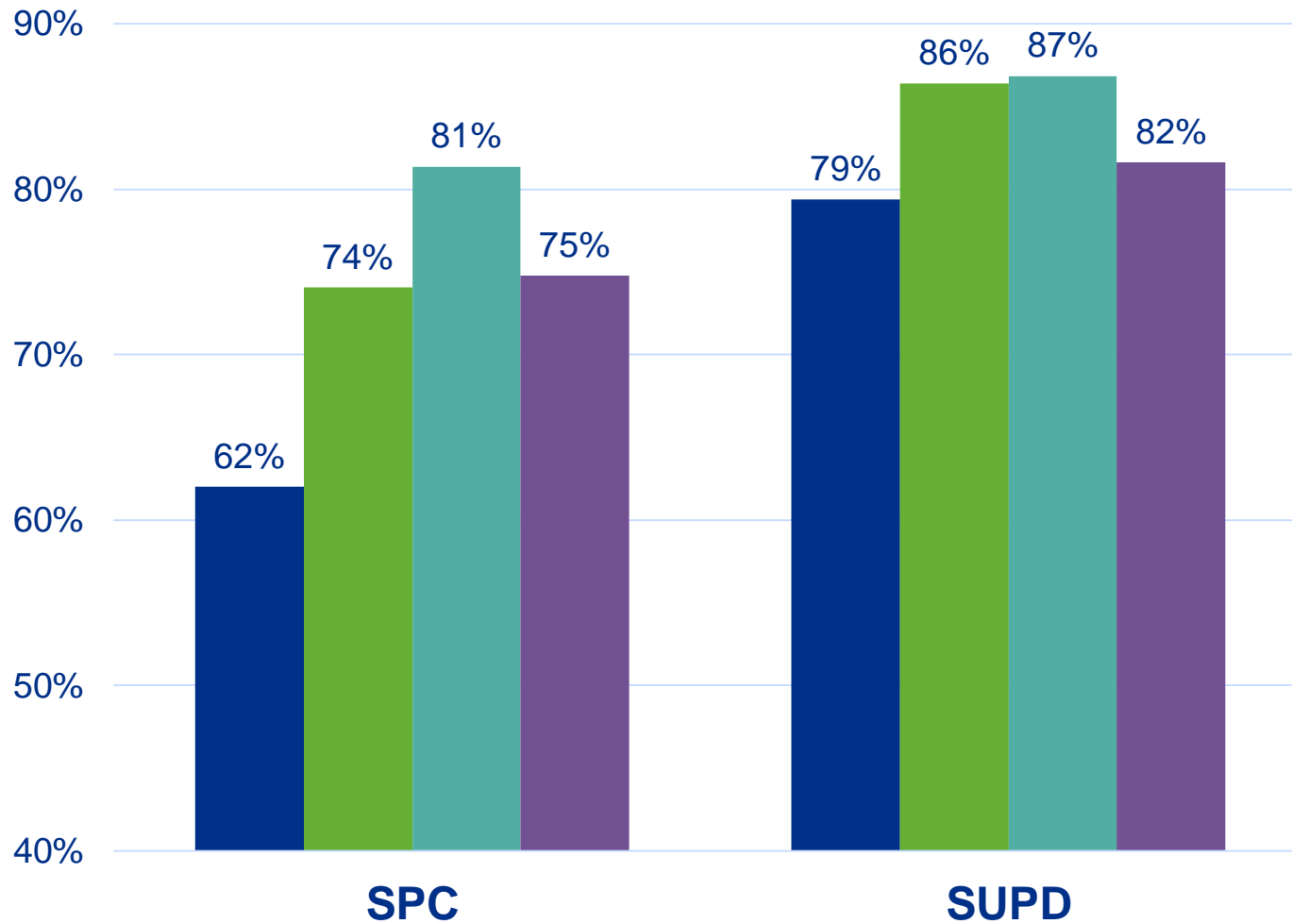
Greater Newport Physicians SUPD/SPC Results



Best Practice: High Desert MG Statin Protocol



High Desert Medical Group SUPD/SPC Results



■ High Desert 2016 ■ High Desert 2017 ■ High Desert 2018 ■ SCAN 2018

2019 Resources & Calendar Activities

JUNE

SUPD/SPC Weekly Report

AUGUST

Provider Webinar: Q4 Push

Statin Therapy 5 Star Tip Sheet
For your prescribers

Statin Patient Handout
For your patients

Statin Therapy
Treatment Guidelines
5-Star Best Practices



What Are the Measures?

Statin Use in Persons with Diabetes (SUPD) analyzes the percentage of patients aged 40 to 75 years who were dispensed at least two diabetes medication fills and received a statin medication fill during the measurement year.

Get the Facts: What You Need to Know About Statins



Key Takeaways

- ▶ Re-evaluate further opportunities to prescribe statins as guided by evidence-based recommendations
 - Address statin intolerance
 - Apply Motivational Interviewing and leverage Care Navigators
- ▶ Build an EMR alert to easily help prescribers identify gaps in statin therapy and prescribe where appropriate
- ▶ Develop a protocol and utilize SCAN resources to help reach patients to complete the gap.