Mind the Gap: Statin Prescribing Guidelines and Best Practices
Sharon Jhawar, PharmD, MBA, BCGP
Chief Pharmacy Officer
Overview

- Latest Clinical Guidelines and Star Rating Statin Measures
- Statin Measure Performance 2018
- How Can We Optimize Statin Prescribing?
- Best Practice Sharing:
  - Greater Newport Physicians EMR Alert
  - High Desert Medical Group Protocol
According to the 2018 American College of Cardiology/American Heart Association guidelines, statins have been shown to improve health outcomes for these populations:

**Statin Use in Persons with Diabetes (SUPD)**
- 40-75 years
- Primary Prevention
- Moderate intensity statin recommended
- Aim to reduce LDL by 30-50% depending on risk

**Statin Therapy for Patients with Cardiovascular Disease (SPC)**
- Males 21 – 75
  - Females 40 – 75
- Secondary Prevention
- High intensity statin recommended
- Aim to reduce LDL by 50% or more

Assess adherence and response to statin therapy by monitoring lipid levels.
Statin Use in Persons with Diabetes (SUPD)

Composite: This rating is based on the percent of plan members with diabetes who take the most effective cholesterol lowering drugs.

Data Source Description: The data for this measure come from Prescription Drug Event (PDE) data files submitted by drug plans to Medicare for dates of service from January 1, 2018-December 31, 2018, and processed by March 15, 2019.
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Statin Therapy for Patients with Cardiovascular Disease (SPC)

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Data Source Description: The data for this measure come from Prescription Drug Event (PDE) data files submitted by drug plans to Medicare for dates of service from January 1, 2018-December 31, 2018, and processed by March 15, 2019.
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Optimize Statin Prescribing

ACC/AHA Recommends

High-intensity or maximally tolerated statin for patients with clinical ASCVD

Moderate-intensity statin in patients with diabetes

Statin-Associated Side Effects

• Lower statin dose
• Alternative dosing strategy
• Try another statin

Patient Refuses

• Motivational interviewing (training available with SCAN upon request)
• Care Navigator to outreach
SCAN Actionable Data: SPC SUPD Weekly Report

Where: sFTP starting June 2019
Frequency: Weekly
Description: List of members who are part of your statin measures who have a gap
Opportunity: By member or provider

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<tr>
<th>MemberID</th>
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<th>Member Last Name</th>
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<th>SPC Measure</th>
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Best Practice: Greater Newport Physicians EMR Alert

Care Guidelines

**Indication:** Diabetes  
**Recommendation:** Moderate Intensity Statin  
**Formulary Recommendation:** Atorvastatin 20mg once daily

- **Built-In EMR Alert**
  - NextGen is used by 65% of providers  
  - Statin alert is on by default, provider has the option to opt-out

- **Comprehensive approach by promoting a culture of excellence**
  - Engaged physician champions advocate for guideline directed prescribing  
  - Focused education to providers in multiple settings (newsletter, office meetings etc.)
Greater Newport Physicians SUPD/SPC Results

SUPD

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<tr>
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<tr>
<td>GNP</td>
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SPC

<table>
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<th>2018</th>
</tr>
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<tbody>
<tr>
<td>SCAN</td>
<td>71%</td>
<td>82%</td>
</tr>
<tr>
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<td>75%</td>
<td>85%</td>
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Best Practice: High Desert MG Statin Protocol

1. Calls patient to start statin therapy

2. Patient picks up Rx

3. Group: Notify PCP via EMR
   IPA: Notify PCP via Fax

High Desert Pharmacy Team

Patient picks up Rx

Pharmacy
High Desert Medical Group SUPD/SPC Results

- **SPC**
  - High Desert 2016: 62%
  - High Desert 2017: 74%
  - High Desert 2018: 81%
  - SCAN 2018: 75%

- **SUPD**
  - High Desert 2018: 86%
  - SCAN 2018: 87%
  - High Desert 2017: 82%
2019 Resources & Calendar Activities

**JUNE**
SUPD/SPC Weekly Report

**AUGUST**
Provider Webinar: Q4 Push

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**Statin Therapy 5 Star Tip Sheet**
For your prescribers

**Statin Patient Handout**
For your patients

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**Statin Therapy**
Treatment Guidelines
5-Star Best Practices

**Get the Facts: What You Need to Know About Statins**

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*What Are the Measures?*
Statin Use in Persons with Diabetes (SUPD) analyzes the percentage of patients aged 40 to 75 years who were dispensed at least two diabetes medication fills and received a statin medication fill during the measurement year.
Key Takeaways

- Re-evaluate further opportunities to prescribe statins as guided by evidence-based recommendations
  - Address statin intolerance
  - Apply Motivational Interviewing and leverage Care Navigators

- Build an EMR alert to easily help prescribers identify gaps in statin therapy and prescribe where appropriate

- Develop a protocol and utilize SCAN resources to help reach patients to complete the gap.