

| Medication | Total Daily Dose & Administration | Dosing Schedule | 2022 Formulary Status | | 2023 Formulary Status | | Adverse Drug Reactions |
|---|-----------------------------------|-----------------|-----------------------|------|-----------------------|----|--|
| | | | TIER | UM | TIER | UM | |
| <i>amlodipine & benazepril</i> | 2.5mg/10mg to 10mg/20mg | daily | 1 | | 1 | | Edema, dizziness, flushing, palpitation, fatigue, nausea |
| <i>felodipine er</i> | 2.5mg to 20mg | daily | 2 | | 2 | | Peripheral edema, headache, or flushing |
| <i>isradipine</i> | 2.5mg to 10mg | daily | 2 | | 2 | | Headache, edema, dizziness, palpitations, and gastrointestinal disturbances |
| <i>nicardipine caps</i> | 60mg to 120mg | daily | 2 | | 2 | | Edema, dizziness, headache, asthenia, flushing, increased angina, palpitations |
| <i>nifedipine caps</i> | 30mg to 60mg | daily | 2 | [PA] | 2 | | Headache, fatigue, dizziness, constipation, nausea |
| <i>nifedipine er</i> | 30mg to 60mg | daily | 2 | | 2 | | Headache, fatigue, dizziness, constipation, nausea |
| <i>nisoldipine er</i> | 10mg to 40mg | daily | 4 | | 4 | | Peripheral edema, headache, dizziness, pharyngitis, vasodilation, sinusitis, palpitations |
| Renin Inhibitors | | | | | | | |
| <i>aliskiren</i> | 150mg to 300mg | daily | 3 | [ST] | 3 | | Diarrhea, hyperkalemia, hypotension |
| TEKTURN HCT (<i>aliskiren / hydrochlorothiazide</i>) | 150/12.5mg to 300/25mg | daily | 3 | [ST] | NF | | Dizziness, diarrhea, hyperkalemia |
| Direct Vasolidators | | | | | | | |
| <i>hydralazine oral</i> | 25mg to 100mg | BID to QID | 2 | | 2 | | Headache, anorexia, nausea, vomiting, diarrhea, palpitations, tachycardia, angina pectoris |

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| <i>minoxidil</i> | 2.5mg to 50mg | daily | 2 | | 2 | | Salt and water retention, pericarditis, pericardial effusion, tamponade, hypertrichosis, rashes, nausea, vomiting, breast tenderness |

Brand-name drugs are capitalized and generic drugs are listed in lower-case italics.

[NF] = Non-formulary [ST] = Step Therapy [PA] = Prior Authorization

References:

1. James PA, Oparil S, Carter BL, et al. 2014 evidence-based guideline for the management of high blood pressure in adults: report from the panel members appointed to the Eighth Joint National Committee (JNC 8). JAMA 2014; 311:507.
2. Reuben, D. (2014). Hypertension. In Geriatrics at your fingertips (16th ed.). New York: American Geriatrics Society.
3. Online Lexicomp (09/2022): 1100 Terex Road, Hudson, OH 44236