



**LONG BEACH**  
DEPARTMENT OF HEALTH  
AND HUMAN SERVICES



# Older Adult Services in Long Beach...Now and in the Future

April 12, 2017

# Philosophy

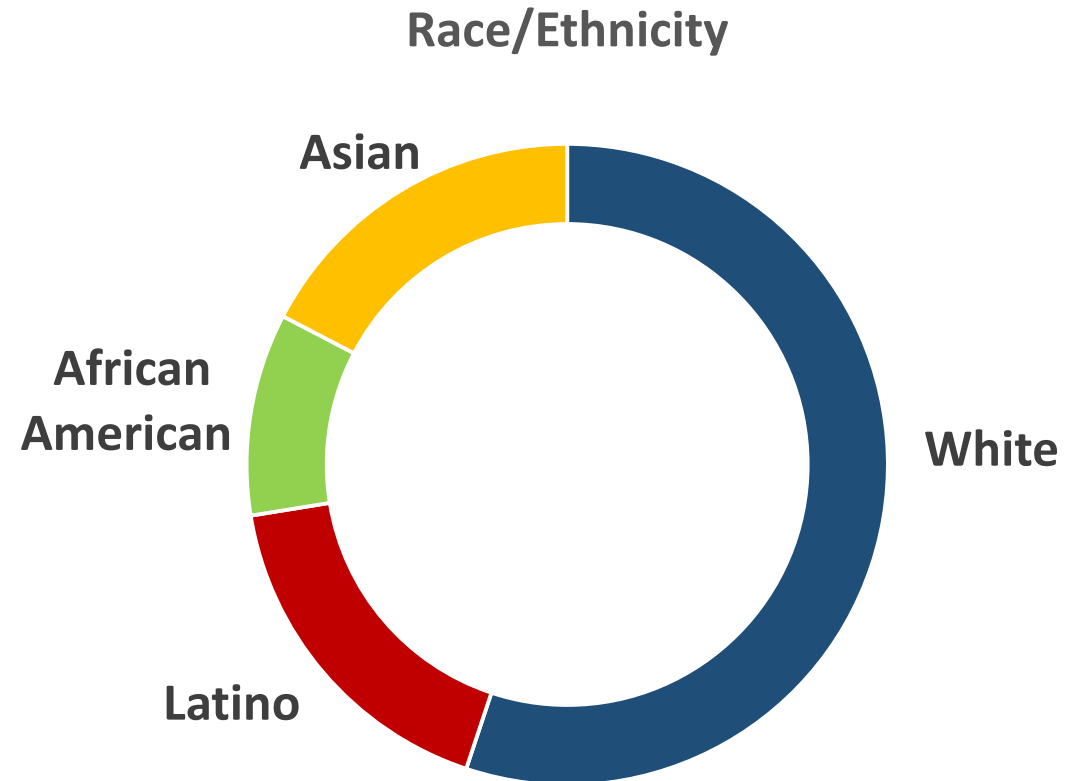
- We celebrate the diversity of our older adult population.
- We seek to achieve equity in access to services and support across the City, prioritizing underserved populations to reduce disparities in social and health outcomes.
- We seek to empower active and engaged older adults to help steer the course of future services and programs.

# Data

- 25% (119,000) adults over age 50 live in Long Beach
- 9% (43,000) are 65 years or older
- 47% live alone
- 13% live below poverty line (\$11,770 for one person household)
- 40% have a disability
- 25% have less than a high school education
- 24% speak English “less than very well”

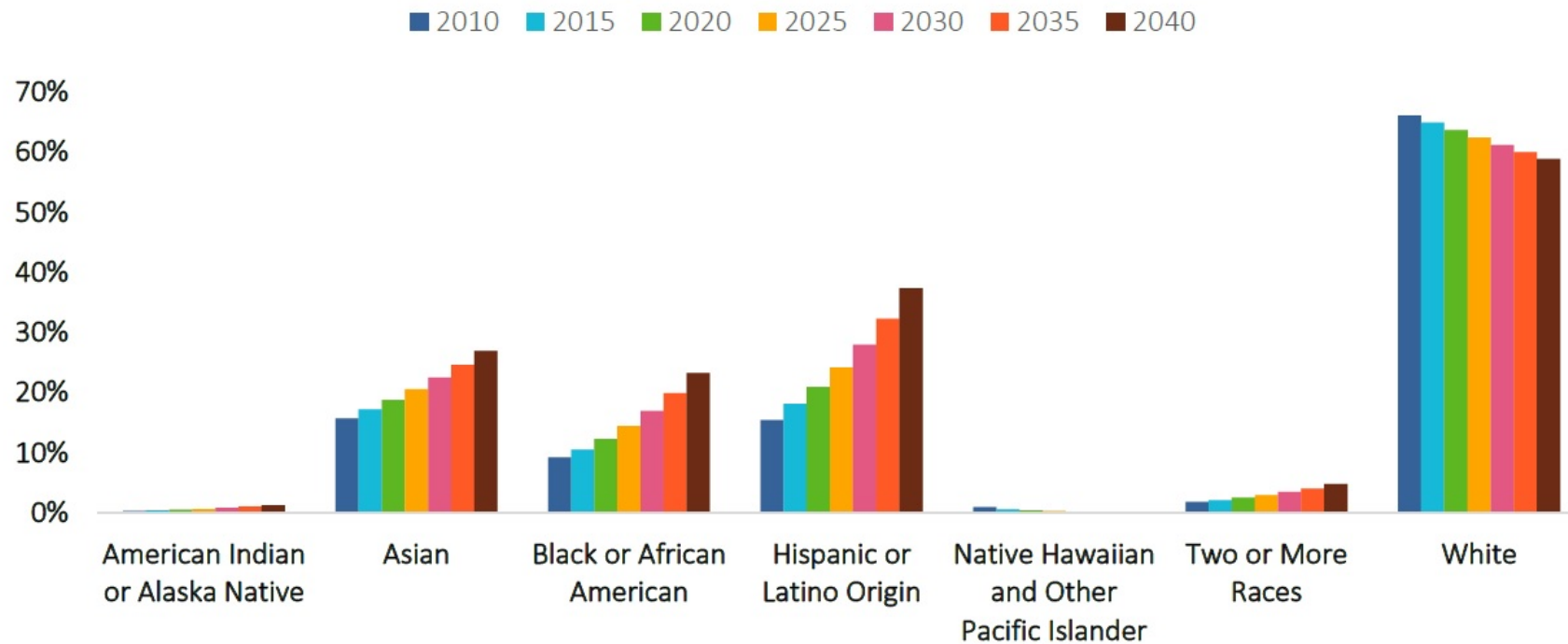
# Data

White/Non-Hispanic	54%
Latino	17%
African American	10%
Asian	17%



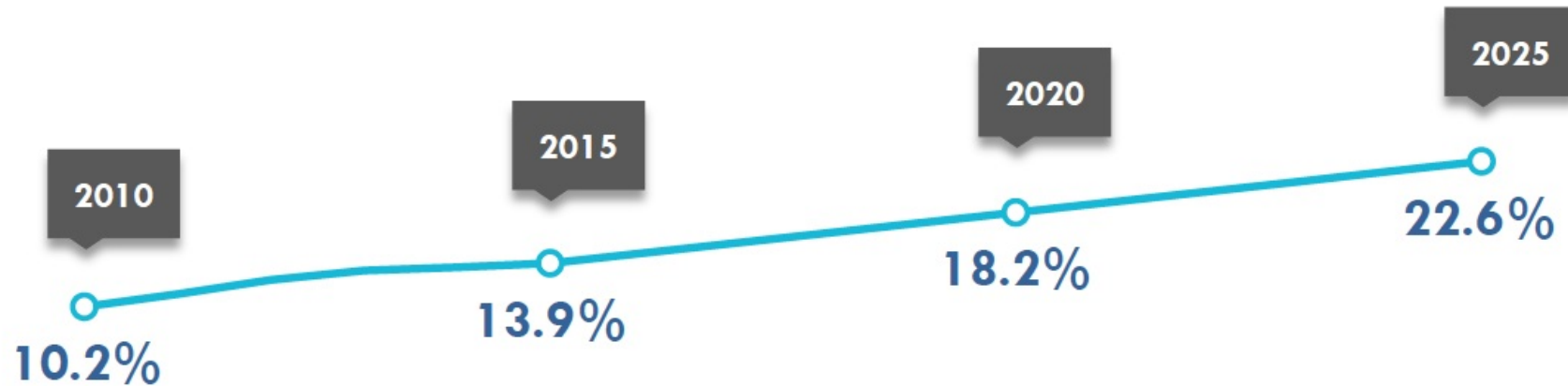
# Changing Demographics

## ESTIMATED PERCENTAGE OF SENIORS OVER AGE 65 BY RACE/ETHNICITY – LONG BEACH, 2000 - 2040



# Changing Demographics

**ESTIMATED PERCENTAGE OF SENIORS OVER AGE 65  
LIVING BELOW THE POVERTY LEVEL – LONG BEACH, 2010-2025**



# Current Services Provided by the City

## Senior Center Locations

- 4<sup>th</sup> Street Senior Center
- California Recreation Center at McBride Park
- Cesar Chavez Park Community Center
- Houghton Park Community Center
- El Dorado Park West Community Center
- Silverado Park Community Center

# Current Services Provided by the City

- Information and Referral Line (1,200 calls per month)
- Senior Links Program (Public Health Nurse)
- Activities (e.g., exercise, games, arts & crafts, educational programs, health screenings and many others)
- Fall Risk Assessment and Prevention Education Classes
- Multi-Service Center to support linkages for Homeless



# Current Services Funded by LA County

- Congregate Meals
- Home Delivered Meals
- Family Caregiver Support
- Health Promotion
- Linkages
- Nutrition Counseling
- Support Services



# Services Provided in the Community

- Medical and Behavioral Health Care
- Volunteer Opportunities
- Case Management
- Support Groups
- Fitness and many other recreational activities
- Educational Opportunities
- Civic Engagement Opportunities
- And many others...

# Funding

## City

- \$850,000 for Parks and Recreation Services (PRM)
- \$100,000 for Senior Links (HHS)

## County

- Funding from State to LA County to provide services across the County.

# We know we aren't meeting the need!

Multiple studies provide insight into the core needs of our Older Adults  
in Long Beach

# Previous Studies

- **Long Beach Strategic Plan for Older Adults (June 2005)**
  - Over **500** participants
- **Determining Needs in the Creation of a Long Beach Village for Older Adults (September 2012)**
  - Over **280** participants
- **St. Mary Medical Center Community Benefit Reports (2012-2015)**
  - Over **300** participants
- **Older Adults Case Management Summit (October 2015)**
  - Over **70** participants

# Identified Service Need Areas

Key service need areas have remained consistent across the studies:

- Safety
- Transportation
- Housing
- Health
- Quality of Life



Have not been addressed due to funding

# Need for Coordination

## VISION

A coordinated health and social service continuum of care that effectively links older adults to the care they need, when they need it, to support quality of life.

# Recommendation: Implement a Coordinated System of Services

- Develop an Older Adult Task Force
- Establish a One-Stop Adult Resource Network or an Office of Aging
- Enhance Community Engagement



# Next Steps

- Develop a Comprehensive Resources Guide for the City (including on-line accessibility)
- Convene a Consortium of Stakeholders
- Open an Office of Aging
- Continuum to seek funding to support services in the our City

# Thank you!

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