Older Adult Services in Long Beach...Now and in the Future

April 12, 2017
• We celebrate the diversity of our older adult population.

• We seek to achieve equity in access to services and support across the City, prioritizing underserved populations to reduce disparities in social and health outcomes.

• We seek to empower active and engaged older adults to help steer the course of future services and programs.
• 25% (119,000) adults over age 50 live in Long Beach
• 9% (43,000) are 65 years or older
• 47% live alone
• 13% live below poverty line ($11,770 for one person household)
• 40% have a disability
• 25% have less than a high school education
• 24% speak English “less than very well”
White/Non-Hispanic 54%
Latino 17%
African American 10%
Asian 17%
Changing Demographics

ESTIMATED PERCENTAGE OF SENIORS OVER AGE 65 BY RACE/ETHNICITY – LONG BEACH, 2000 - 2040
Changing Demographics

Estimated Percentage of Seniors Over Age 65 Living Below the Poverty Level – Long Beach, 2010-2025

- 2010: 10.2%
- 2015: 13.9%
- 2020: 18.2%
- 2025: 22.6%
Current Services Provided by the City

Senior Center Locations

• 4th Street Senior Center
• California Recreation Center at McBride Park
• Cesar Chavez Park Community Center
• Houghton Park Community Center
• El Dorado Park West Community Center
• Silverado Park Community Center
Current Services Provided by the City

• Information and Referral Line (1,200 calls per month)
• Senior Links Program (Public Health Nurse)
• Activities (e.g., exercise, games, arts & crafts, educational programs, health screenings and many others)
• Fall Risk Assessment and Prevention Education Classes
• Multi-Service Center to support linkages for Homeless
Current Services Funded by LA County

- Congregate Meals
- Home Delivered Meals
- Family Caregiver Support
- Health Promotion
- Linkages
- Nutrition Counseling
- Support Services
Services Provided in the Community

• Medical and Behavioral Health Care
• Volunteer Opportunities
• Case Management
• Support Groups
• Fitness and many other recreational activities
• Educational Opportunities
• Civic Engagement Opportunities
• And many others...
Funding

City
- $850,000 for Parks and Recreation Services (PRM)
- $100,000 for Senior Links (HHS)

County
- Funding from State to LA County to provide services across the County.
Multiple studies provide insight into the core needs of our Older Adults in Long Beach
Previous Studies

- Long Beach Strategic Plan for Older Adults (June 2005)
  - Over 500 participants

- Determining Needs in the Creation of a Long Beach Village for Older Adults (September 2012)
  - Over 280 participants

- St. Mary Medical Center Community Benefit Reports (2012-2015)
  - Over 300 participants

- Older Adults Case Management Summit (October 2015)
  - Over 70 participants
Key service need areas have remained consistent across the studies:

- Safety
- Transportation
- Housing
- Health
- Quality of Life

Have not been addressed due to funding
A coordinated health and social service continuum of care that effectively links older adults to the care they need, when they need it, to support quality of life.
Recommendation: Implement a Coordinated System of Services

- Develop an Older Adult Task Force
- Establish a One-Stop Adult Resource Network or an Office of Aging
- Enhance Community Engagement
Next Steps

• Develop a Comprehensive Resources Guide for the City (including on-line accessibility)
• Convene a Consortium of Stakeholders
• Open an Office of Aging
• Continuum to seek funding to support services in the our City
Thank you!

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