

# Home Safety Checklist

	Yes	No	Do not know/ Does not apply
<b>Living Room and Family Room</b>			
1. Can you turn on a light without having to walk into a dark room?	_____	_____	_____
2. Are lamp, extension or phone cords out of the flow of foot traffic?	_____	_____	_____
3. Are passageways in this room free from objects and clutter (papers, furniture)?	_____	_____	_____
4. Are curtains and furniture at least 12 inches from baseboard heaters or portable heaters?	_____	_____	_____
5. Do your carpets lie flat?	_____	_____	_____
6. Do your small rugs and runners stay put (don't slide or roll up) when you push them with your foot?	_____	_____	_____
<b>Kitchen</b>			
7. Are your stove controls easy to see and use?	_____	_____	_____
8. Do you keep loose fitting clothing, towels, and curtains that may catch fire away from the burners and oven?	_____	_____	_____
9. Can you reach regularly used items without climbing to reach them?	_____	_____	_____
10. Do you have a step stool that is sturdy and in good repair?	_____	_____	_____
<b>Bedrooms</b>			
11. Do you have working smoke detectors on the ceiling outside of bedroom doors?	_____	_____	_____
12. Can you turn on a light without having to walk into a dark room?	_____	_____	_____
13. Do you have a lamp or light switch within easy reach of your bed?	_____	_____	_____
14. Is a phone within easy reach of your bed?	_____	_____	_____
15. Is a light left on at night between your bed and the toilet?	_____	_____	_____
16. Are the curtains and furniture at least 12 inches from your baseboard heater or portable heater?	_____	_____	_____
<b>Bathroom</b>			
17. Does your shower or tub have a non-skid surface: mat, decals, or abrasive strips?	_____	_____	_____

	Yes	No	Do not know/ Does not apply
18. Does the tub/shower have a sturdy grab bar? (not just a towel rack)	_____	_____	_____
19. Is your hot water temperature set to 120° or lower?	_____	_____	_____
20. Does your floor have a non-slip surface or does the rug have a non-skid backing?	_____	_____	_____
21. Are you able to get off and on the toilet easily?	_____	_____	_____

**Stairways**

22. Is there a light switch at both the top and bottom of stairs inside of the house?	_____	_____	_____
23. With the light on, can you clearly see the outline of each step as you go down the stairs?	_____	_____	_____
24. Do all stairways have sturdy handrails on both sides?	_____	_____	_____
25. Do handrails run the full length of the stairs, slightly beyond the steps?	_____	_____	_____
26. Are all the steps in good repair (not loose, broken, missing or worn in places)?	_____	_____	_____
27. Are stair coverings (rugs, treads) in good repair, without holes and not loose, torn or worn?	_____	_____	_____

**Hallways and Passageways**

28. Do all small rugs or runners stay put (don't slide or roll up) when you push them with your foot?	_____	_____	_____
29. Do your carpets lie flat?	_____	_____	_____
30. Are all lamp, extension and phone cords out of the flow of foot traffic?	_____	_____	_____

**Front and Back Entrances**

31. Do all entrances to your home have outdoor lights?	_____	_____	_____
32. Are walkways to your entry free from cracks and holes?	_____	_____	_____

**Throughout Your House**

33. Do you have an emergency exit plan in case of fire?	_____	_____	_____
34. Do you have emergency phone numbers listed by your phone?	_____	_____	_____

**Pick 3 items where you answered "no" and list what you need to do:**

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

**List any other hazard or unsafe areas you are concerned about:**

\_\_\_\_\_