



# April 2024

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
	<b>1 PM: CAREGIVER SUPPORT WORKSHOP: YOUR CAREGIVING JOURNEY</b>			
8	9	10	11	12
	<b>1 PM: CAREGIVER SUPPORT WORKSHOP: COMMUNICATION</b>		<b>1 PM: ALZHEIMER'S ASSOCIATION: EFFECTIVE COMMUNICATION STRATEGIES</b>	<b>11 AM: COFFEE &amp; CONVERSATION</b>
15	16	17	18	19
	<b>1 PM: CAREGIVER SUPPORT WORKSHOP: ADVANCED CARE PLANNING</b>			<b>11 AM: COFFEE &amp; CONVERSATION</b>
22	23	24	25	26
	<b>1 PM: CAREGIVER SUPPORT WORKSHOP: SELF CARE</b>			<b>11 AM: COFFEE &amp; CONVERSATION</b>
29	30			