

Initial Health Appointment (IHA) Requirements for Members with Medicare and Medi-Cal (Medi-Medi)

Requirement

Per California Department of Healthcare Services (DHCS) Title 22, CCR, Section 53851 (b) (1), complete Initial Health Assessment (IHA) within 90 days of enrollment and annually thereafter. APL 22-030 became effective January 1st 2023 updating the policies to streamline the initial screening process for members.

Medical Group/Primary Care Physician Responsibilities

Conduct a comprehensive Initial Health Appointment within 90 days of enrollment and annually which must include:

- Present and past illness/injury/hospitalizations
- Height, weight, BP
- Social history, medications, immunizations
- Preventative services (age-appropriate assessments including but not limited to TB screening, clinical breast exam, allergies, chlamydia, mammogram, pap smear, etc.) refer to USPSTF A/B guidelines for adults age 65 and older
- Physical review/assessment of all organ systems
- Assessment of Risk Factors (i.e. use of alcohol/drugs/tobacco, falls)
- Mental status exam
- The diagnosis and plan for treatment of any diseases

How do you know which patients need an IHA?

SCAN provides monthly detailed patient-level data through the IHA ASAP Report located on the provider portal.

Report includes a list of all SCAN Medi-Medi members and whether they have had an IHA based on encounter data.

Must be provided in a way that is culturally and linguistically appropriate for the member.

Must be performed by a provider in the primary care setting.

Primary Care Physicians receive a letter as a reminder to:

- Schedule IHA or annual comprehensive visit with patient
- Discuss any health risks identified and create risk reduction plan.
- Patient can decline but that must be documented in medical record.